



Important Dates for Spring & Summer Freshman Football

Physicals - Saturday, May 6th, 8:00am at TVHS Mini Gym - ALL players are required to obtain a physical EVERY YEAR. You MUST fill out a new Athletic Clearance Packet (found on the TVHS Football website) and get a physical BEFORE spring practice. Your physical form cannot be dated before May 1, 2017.

Freshman Football Program Begins - Tuesday, June 6th, 5:00 - 7:30 (M-TH), check in begins at 4:00 in front of gym. You will be receiving an email with all the information you need on Friday, June 2.

Freshman Barbecue/ Coach Meet and Greet - Tuesday, June 6th immediately following practice at 6:30, room 1221. Information about this will be in your welcome email on Friday, June 2.

Dead Period - **June 16-July 9**, (great time for your vacations) weight room WILL be open, schedule TBA

Summer Football Begins - Monday, July 10, 5:00-7:45pm (until school starts) at practice field.

First Day of School/Team Pictures - Wednesday, August 16th (immediately after school) Golden Bear Stadium

Fall Practices will be M-W immediately after school. Thursday's are game days, most games begin at 4:00pm. Fridays are TBD (usually film day)

Meet the Team - Saturday, August 19th (more information to follow)

Any questions please contact the TVHS Football Boosters at
tvhsfootballcomm@gmail.com

Go to tvhsbearsfootball.com for updates and more information